



ISLE OF MAN ATHLETICS ASSOCIATION
THE ISLE OF MAN TRACK & FIELD CHAMPIONSHIPS 2018

Under UK Athletic Rules.
AT THE NSC DOUGLAS
UK Permit No. OUT 18/451
SATURDAY 14th & SUNDAY 15th JULY 2018

Please check your age group before completing this form

Under 9 Boy or Girl	7 or 8 at Midnight at 31st Aug/1st Sept 2018
Under 11 Boy or Girl	9 or 10 at Midnight at 31st Aug/1st Sept 2018
Under 13 Boy or Girl	11 or 12 at Midnight at 31st Aug/1st Sept 2018
Under 15 Boy or Girl	13 or 14 at Midnight at 31st Aug/1st Sept 2018
Under 17 Man or Woman	15 or 16 at Midnight at 31st Aug/1st Sept 2018
Junior Man or Woman	17 or 18 or 19 at Midnight 31st Dec 2015/Jan 2018

SATURDAY 14th JULY

TRACK

75m	U11B, U11G
100m	All Age Groups Male & Female.
300m	U15B, U15G, U17W
400m	U17M, JM, SM, JW, SW.
600m	U9B, U9G.
1200m	U11G
1500m	U11B, U13B, U15B, U17M, JM, SM, U13G, U15G, U17W, JW, SW.
1500msc	U17M
2000msc	JM & JW
3000msc	SM & SW
70mH	U13G
75mH	U13B, U15G
80mH	U15B, U17W
100mH	U17M, JW, SW
110mH	JM, SM

FIELD

Long Jump	All Female Age Groups
Triple Jump	U15B, U17M, JM, SM
High Jump	U13B, U15B, U17M, JM, SM
Cricket Ball	U9B, U11B. W/C B
Javelin	U13G, U15G, U17W, JW, SW.
Discus	U13B, U15B, U17M, JM, SM. W/C M.
Hammer	U13B, U15B, U17M, JM, SM, U13G, U15G, U17W, JW, SW.
Shot Putt	U13G, U15G, U17W, JW, SW.

SUNDAY 15th JULY

TRACK

75m	U9B, U9G
200m	All Age Groups Male & Female.
300mH	U17W
400mH	U17M, JM, SM, JW, SW
600m	U11G, U11B
800m	U13B, U15B, U17M, JM, SM, U13G, U15G, U17W, JW, SW.
1km Walk	U11B, U13B, U11G, U13G,
3kmWalk	U15B, U15G, U17M, JM, SM, U17W, JW, SW
3000m	U15B, U17M, U15G, U17W
5000m	JM, SM, JW, SW

FIELD

Long Jump	All Male Age Groups
Triple Jump	U17W, JW, SW
High Jump	U13G, U15G, U17W, JW, SW
Pole Vault	U13B, U15B, U17 M, JM, SM U13G, U15G U17W, JW, SW.
Cricket Ball	U9G, U11G.
Javelin	U13B, U15B, U17M, JM, SM
Discus	U13G, U15G, U17W, JW, SW
Shot Putt	U13B, U15B, U17M, JM, SM..



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AT THE NSC DOUGLAS

SATURDAY 14th & SUNDAY 15th JULY 2018

Please complete entry form in CAPITAL LETTERS

SURNAME..... FIRST NAME.....

ADDRESS.....

.....Post Code.....

TEL No..... email.....

Club/School..... Date of Birth.....

Age Group..... Male or Female.....

U9's, U11's, U13's, U15's & U17's may only compete in 3 events per day. Jun Men & Women may only compete in 4 events per day. All Athletes under the age of 15, may only compete in one distance race per day (inc Race Walks)

Starting Heights for:

Table with 6 columns: Age Group, High Jump, Pole Vault, Age Group, High Jump, Pole Vault. Rows include SM, JM, U17M, U15B, U13B and SW, JW, U17W, U15G, U13G.

ENTRIES CLOSE: FRI 6th JULY 2018. NO LATE ENTRIES ACCEPTED.

Table with 2 columns: Saturday 14th July 2018, Sunday 15th July 2018. Each column has an 'Event' header and five empty rows.

I declare that a) I am an amateur as defined by U.K. Athletic Rules. b) I am qualified to compete in the Isle of Man Track & Field Championships by virtue of birth or residence.

Signed Date.....

Counter signed by parent or guardian if under 17 years of age

ENTRY FEES: U9, U11, U13, U15, U17, JUN £2.50 PER EVENT
SEN £4.00 PER EVENT

Please make cheques payable to the IOM Athletic Association

PLEASE NOTE: Anyone taking photographs must register each day and sign in. YOU MUST DECLARE YOUR INTENTION TO COMPETE AT LEAST 30 MINUTES BEFORE EACH EVENT. Medals presented to all Age Groups. Athletes MUST collect medals at time of presentation.

All Entries To: Kelly Hillier, 6 Close Cowley, Douglas, Isle of Man. IM2 2HX.

Tel No: 451898 or email: k.milnes@hotmail.co.uk