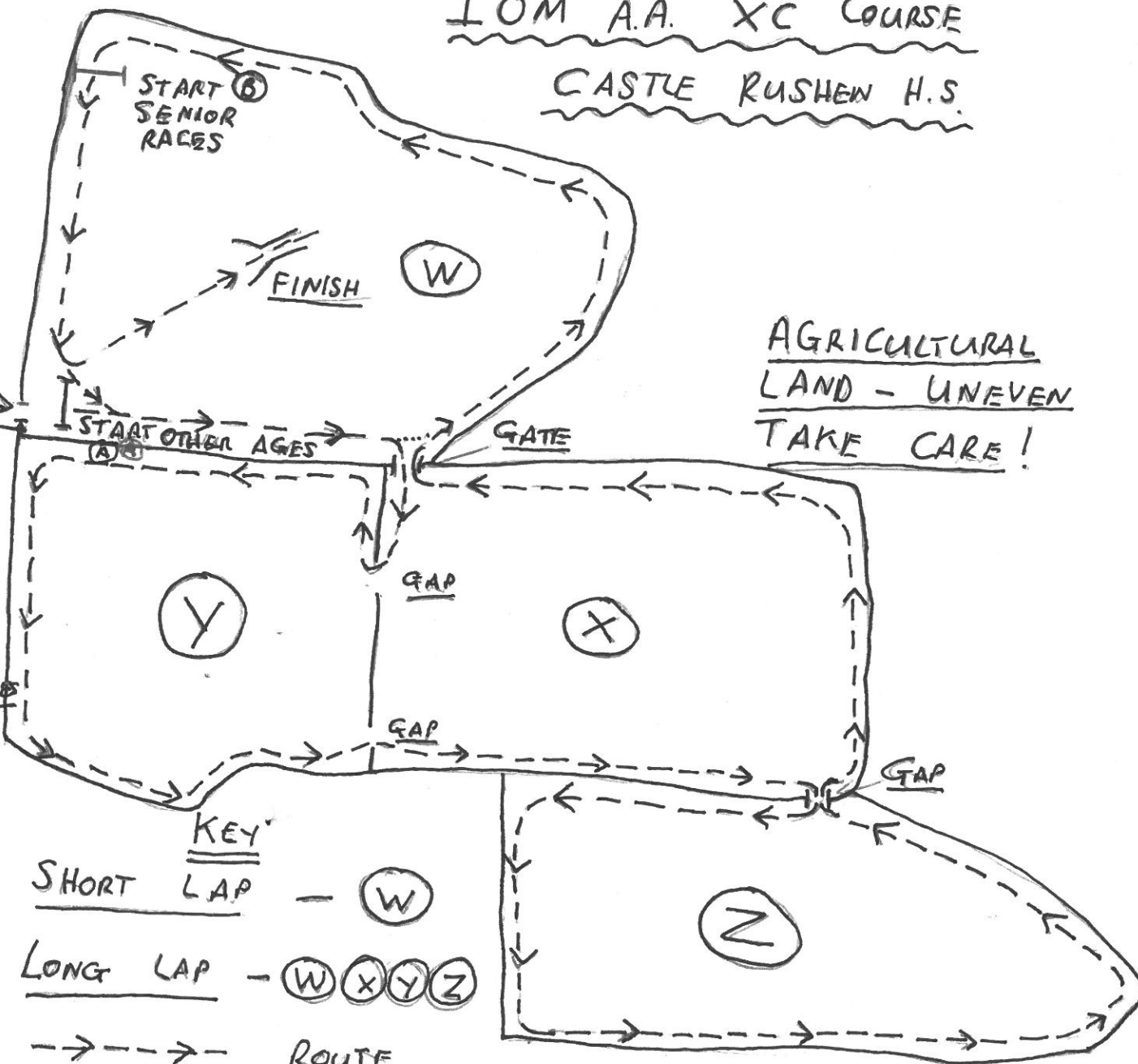
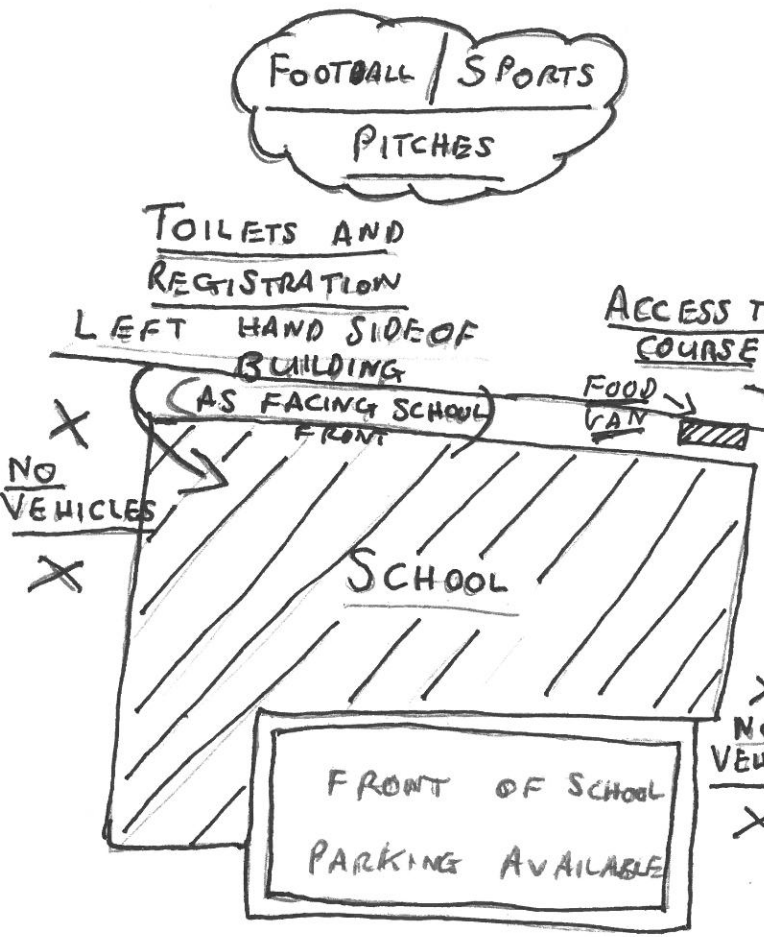


IOM A.A. XC COURSE
CASTLE RUSHEN H.S.



KEY

SHORT LAP - (W)

LONG LAP - (W)(X)(Y)(Z)

→ → → → ROUTE

..... SHORT LAP

┌──┐ START A + START B

⚡ FINISH FUNNEL

AGRICULTURAL LAND - UNEVEN TAKE CARE!