



Return to use of the NSC 10/06/2020 Agreed Terms of Use

IOM Athletics have been working alongside the NSC and IOM Sport to reintroduce access to the NSC track facilities for athletes using a phased approach as detailed below. Please take time to read through the accompanying risk assessment and familiarise yourself with both the Government advice and the terms of use below.

Rules on the Track

- Upon entry, you are confirming that you or any member of your direct family have or are showing signs of having COVID-19. If this is the case, please stay at home and return once you are fully recovered.
- It is advised that all users of the track provide their own hand sanitizer and sanitize/wash their hands before and after each session
- As per UKA guidelines, throwers must sound a horn prior to every throw. The NSC will make a horn available and disinfect following use. The horn is not to be shared.
- Long Jump pits must be turned over and raked before and after every use and at the end of each day
- High Jump and Pole Vault mats must be sanitised by D1 and wiped down after use.
- All stadium equipment is now accessible but must be sanitised after use