



Isle of Man Athletics, Island Games Selection Policy Guernsey, 8-14 July 2023

Overview

It is important for the Isle of Man Athletics Association (“IOM Athletics”) to have successful individual performances at the Island Games as we recognise the importance of the event in the development and experience of our athletes towards future success at the Commonwealth Games and beyond.

This selection policy has been created to nominate a team to achieve the best possible results (that is the highest number of medals) at the 2023 Island Games and with medal totals at future Island Games in mind. IOM Athletics is devoted to selecting the strongest possible teams for Island Games.

IOM Athletics is strongly committed to the long-term development of every athlete within our sport. We would encourage athletes, coaches and parents to carefully consider which competitions provide the most appropriate developmental opportunities for athletes both now and in the longer term.

Three key aims:

- Support and prepare athletes for international level competition and the different requirements and pressures this brings.
- Prepare athletes for higher level competition.
- Maximize medal potential for this and development for future games.

Eligibility Criteria

To be considered for selection, athletes must:

- Be eligible to represent Isle of Man at the Island Games (International Island Games Association requirements set out below).
- Have competed in a **minimum** of two events on the Isle of Man within the qualifying window
- Have signed and returned the relevant IOM Athletics 'Athlete Declaration of Intent' form (see page 7) by 1 April 2023.
- Agree to and comply with any pre-event preparation including (but not limited to) fulfilling the training schedule set by your coach, media appearances, representing IOM Athletics in a professional manner in all aspects (including social media).

Extract from the Island Games Association Rules

To be considered for entry, athletes must meet the following criteria as set out by the Island Games Association:

Athletics By-laws

1. Competition Rules

1.1. The Athletics events are to be organised under IAAF rules.

1.2. Age Limits

1.2.1. The minimum age limit for both male and female competitors will be 15 years and for the Half Marathon 18 years as at the 1st of June in the year of the particular Games at which such competitor wishes to compete. No dispensation will be given.

Section 6 - Conditions for Representing an Island

To represent an Island, a competitor may qualify either by:

6.1 having been born on that Member Island.

6.2 A competitor may be considered to have been born on a Member Island if the mother was normally resident on that island immediately prior to the birth and returned to the island soon after.

6.3 Having been resident on that Member Island for the period of twelve consecutive months prior to the date of the Opening Ceremony of the Games intended to participate in.

6.4 Any person wishing to gain qualification under 6.3 and who is following a programme of study or involved in military service out of the Member Island shall be deemed to be a permanent resident for the purpose of qualification.

Any competitor not complying with the above shall be subject to an automatic disqualification from the Games.

Section 7 - Eligibility to Compete

A competitor to be eligible to compete in a Games shall comply with Section 6 and shall:

7.1 Comply with the rules and regulations laid down by the International Federation governing their sport.

7.2 Not be currently under disqualification or suspension under the rules of the relevant International Federation or their own member Sports Association.

Specific Requirements

The Island Games is a multi-sport Championship and the Isle of Man Team is entered by the Island Games Association of Mann (IGAM). It is expected that IOM Athletics can select up to 30 athletes and officials, although this number is subject to change. The final selection decisions are ratified by IGAM.

There are no entry standards set by the event organisers, but athletes will be expected to perform at, or around, the IOM Athletics Entry Standards (see Entry Standards table and IOM Athletics Conditions below).

To be considered for selection, athletes in individual events must achieve an IOM Athletics Island Games 'Entry Standard' between 1 January 2022 and 31 March 2023 (date subject to change).

The Development Guideline is aimed at younger athletes aged 23 or under on 1 June 2023 (older athletes will be considered for 10,000m and Half Marathon) who have not competed in the games before. Athletes who have competed in previous Island Games will be expected to attain the Entry Standard.

The selection panel may add athletes to the team to create relay squads for both 4x100m and 4x400m. Athletes selected specifically for the relay squad do not need to have achieved the Entry Standard. If selected for relays, an athlete may be able to compete in another event provided that they have the Development Guideline in that event, that there is a space available and that, in the Team Manager's opinion, it will not detract from their relay performance.

The team will be picked in a single selection meeting to be held on or around 1 April 2023 (date subject to change). Athletes successful in gaining selection will be informed immediately by email. The team will be announced by IOM Athletics once all athletes have accepted their places.

Injuries

All injuries must be declared to the Island Games Team Manager prior to the selection meeting. Anyone not declaring an injury at the time of selection may be withdrawn from the team and will not be entitled to a refund.

Social Media

Social media refers to internet-based applications designed to create and share user generated content. As a representative athlete, you must accept responsibility for your social media use. It is your job to project the values and responsibilities of the athletics community as a highly visible member of Team Isle of Man. Any malicious use of social media platforms will not be tolerated and may lead to sanctions.

Race Walking

IOM Athletics have successfully lobbied to have a 5,000m race walk included on the athletics programme. The event going ahead will be subject to the usual Island Games rules regarding entries.

Pole Vault

Please note that as it stands there is no pole vault competitions in Guernsey.

Steeple Chase

Please note that there is a proposal to amend the distance of the women's steeplechase to 2000m to encourage participation. Should this proposal be successful then the standards will be adjusted accordingly.

Selection Process

The selection panel ("the panel") will consist of:

- IOM Athletics Chairman
- Island Games Team Manager (appointed by IOM Athletics)
- Head of Performance
- A representative from each of the five IOM Athletics Clubs

In the instance where a member of the panel retains more than one of the roles above the IOM Athletics will appoint a deputy for one of those position on the selection panel.

All qualified and eligible athletes will be considered for selection, however athletes should understand that although achieving an Entry Standard is a requirement of selection, it does not guarantee selection. The Development Guideline is aimed at athletes with future medal potential.

For individual events, up to two athletes may be selected (three for Half Marathon). For relays, up to six athletes may be selected.

Where choices have to be made between athletes the selectors will consider the factors below. The relative priority of these factors will be entirely at the discretion of the selectors, whose task it is to select a team which has the best prospect of the best possible results at these and future games:

- Consistency of performances at or around the Entry Standard within the qualification period
- Previous championship performances
- Head-to-head competitive records
- Current form and fitness
- Potential

Acceptance of Team Place

Athletes successful in gaining selection will be contacted by email by the Team Manager immediately following the selection meeting. The email will contain details of how to go about accepting your place on the team. It will also contain information relating to final costs. Costs will need to be paid, in full, within 7 days of the selection meeting. Initial indications are that costs will be in the region of £1000 per person (but this figure is subject to change depending on grants, fundraising, etc.).

Athletes selected for the team, who are injured at the time of selection, will be given 21 days from the date of the selection meeting to prove their fitness. If they are forced to withdraw from the squad, their payment will be reimbursed in full and the place may be offered to a 'reserve' athlete.

Entry Standards / Guidelines and Associated Conditions 2023

| Men | | Event | Women | |
|----------------|-----------------------|-------------------|----------------|-----------------------|
| Entry Standard | Development Guideline | | Entry Standard | Development Guideline |
| 11.1 | 11.5 | 100m | 12.6 | 13.0 |
| 22.7 | 23.4 | 200m | 26.0 | 26.8 |
| 50.6 | 52.1 | 400m | 59.5 | 61.5 |
| 1.58.00 | 2.01.00 | 800m | 2.19.00 | 2.22.00 |
| 4.08.00 | 4.12.00 | 1500m | 4.45.00 | 4.52.00 |
| 10.00 | 10.35 | 3000mSC** | 12.00 | 13.00 |
| 15.40 | 16.15 | 5000m* | 18.15 | 18.45 |
| 33.20 | 34.20 | 10000m* | 38.30 | 39.40 |
| 74.00 | 76.00 | Half Marathon | 87.30 | 90.00 |
| 16.0 | 16.5 | 110m/100m Hurdles | 16.0 | 16.5 |
| 57 | 59 | 400m Hurdles | 67 | 69 |
| 6.7 | 6.2 | Long Jump | 5.2 | 4.95 |
| 13.4 | 13 | Triple Jump | 10.3 | 9.9 |
| 1.9 | 1.83 | High Jump | 1.55 | 1.5 |
| N/A | N/A | Pole Vault | N/A | N/A |
| 13 | 12 | Shot Putt | 10.5 | 9.8 |
| 53 | 48 | Javelin | 32 | 29 |
| 40 | 37 | Discus | 32 | 29 |
| 45 | 40 | Hammer | 36 | 33 |
| 25:00 | 25:30 | 5000m Walk | 28:00 | 28:30 |

Please note that there are no specific trials for the Island Games. Performances should be achieved during competitions where the results are eligible to be entered on the Powerof10 database.

Where an athlete achieves multiple performances in the same individual event in a single day the following will apply:

- In track events only the fastest legal result of the day will be counted.
- In throwing and jumping events only the best legal result of the day will be counted.

For all relevant track and field events, wind assisted performances (>2.0 m/s) will not be accepted.

Hand timed performances in 100m, 200m, 400m, 110m/100m hurdles and 400m hurdles will be accepted but electronic timed performances will be given greater weight for consideration.

Indoor performances for all field events and for races of 200m or longer will be accepted.

*Only track times will count for 5000m and 10000m qualification. Road times will only be accepted to prove form.

The panel reserves the right to make value judgements on selections, on situations they consider to be exceptional circumstances within the spirit and aims of the general policy.

Athletes may only compete in events that they have been specifically selected for. Reserves may be selected as alternates to injured athletes who form part of a team (e.g. Half Marathon or Relay).

There is no right of appeal and the selection panel's decision is final.

Assisted Place

IOM Athletics is pleased to advise that up to one assisted place may be available for athletes who are unable to meet the full cost of the trip due to financial hardship. For any successful applicant, IOM Athletics will provide a subsidy equivalent to 50% of the total cost.

Conditions for the assisted place are set out below:

- Athlete must have met the relevant entry standard
- Athlete must be under-21 and in full-time education
- Only one application can be made per athlete, period
- Applications must be submitted by 31 March 2023, in writing to Island Games Team Manager detailing child's athletics CV and brief synopsis of financial circumstances
- All applications will be treated in strictest confidence
- All applications will be considered but it is at the discretion of IOM Athletics Chairman & Treasurer as to whether an offer of an assisted place is made
- There is no right of appeal

Contact Details

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| Island Games Team Manager |
| Anthony Brand abrand@manx.net 07624 453334 |

IOM Athletics website: www.iomathletics.com



ATHLETE DECLARATION OF INTENT

2023 Island Games

Guernsey, 8-14 July 2023

This signed form must be returned to the Team Manager prior to 1 April 2023

| | | |
|--|----------------|--|
| Athlete's Name: | Date of Birth: | Parent or Guardian's name (if athlete is in full-time education): |
| Address: | | |
| Phone: | | |
| Email: | | |
| Parent or Guardian's email (if athlete is in full-time education): | | |
| Lead coach: | | |
| Events for which you wish to be considered, ranked in order of priority (<u>including relays if applicable</u>): 1) 2) 3) 4) 5) | | |

I hereby "**declare my intent**" to qualify to compete as a member of Team IOM at the *2019 Island Games*, Guernsey, from 8 – 14 July 2023.

I, _____ (the Athlete), do hereby declare my intent to compete at the 2023 Island Games. I am eligible to compete (sections 6&7). I am responsible for informing the Team Manager of my results on a regular basis. I understand that I must meet all the Eligibility Criteria to be considered for team selection. I further understand that the selection committee's decision is final and that there is no right of appeal.

| | |
|--|-------|
| Athlete Signature: | Date: |
| Parent or Guardian's Signature (if athlete is in full-time education): | Date: |

Please remit completed form to:

Anthony Brand
Island Games Team Manager
abrand@manx.net