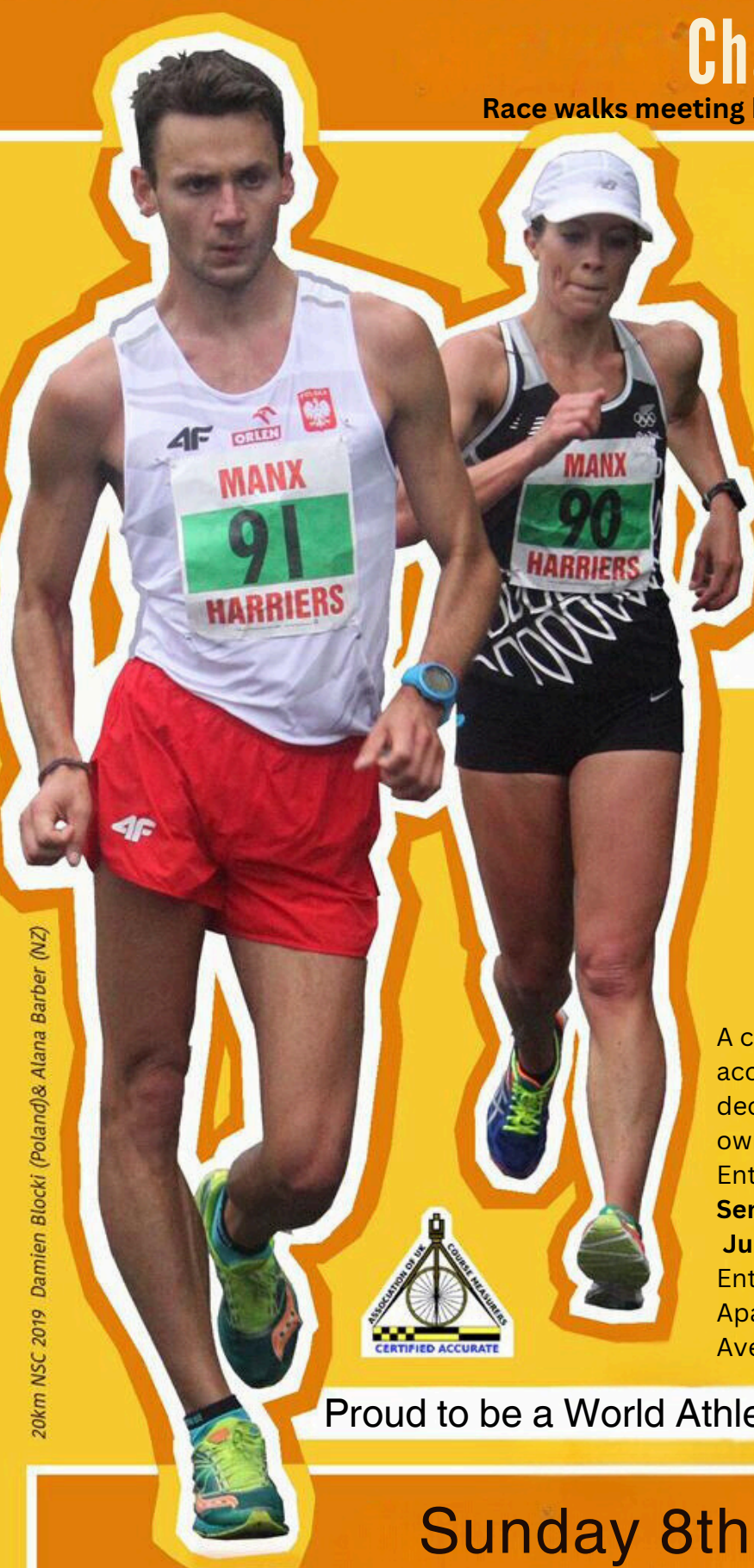


Isle of Man 20km Race Walking Championship 2024

Race walks meeting held under World Athletics rules.



ENTRY FORM

Name

Gender

Date of Birth

Club

Event entered

Phone

Contact Email

EA No. if applies

Payments by bank transfer to Manx Harriers
IOM Bank 55-91-00 Account 14356414
N.B. Quote "20km" as payment reference

Programme of Events

9.30am Senior Ladies 20km

9.32am Senior Mens 20km

10.15am U23 & Open 10km

10.45am UI7G & UI7B 5km

11.15pm UI5G & UI5B 3km

11.45pm UI3 2km & UI1 1km

A completed entry form will be considered as acceptance of World Athletics rules, and a declaration that you will walk entirely at your own risk. (Age groups as of 1/9/2024)

Entry Fees -

Senior 20km - £10. Under 23 & open 10km - £10.

Junior 5km - £6. Junior 3km/2km/1km - £3.

Entries to stevetaylor1966@manx.net

Apartment 5, Griffin House, Castlemona Avenue, Douglas, Isle of Man IM2 4EQ



Proud to be a World Athletics ranking competition



Sunday 8th September
National Sports Centre Douglas

For entry details - www.manxharriers.com - Entries close on 01/09/24.